

Newsletter

Summer 2024

Changes to the team

In July we said goodbye to Tracey MacDonald, she was our Moray SDS Advisor. She will be missed and we wish her all the best in her new position.

Linsey Greener has joined us as the new SDS Finance Officer. She will be dealing with our payroll service as well as ISF payments.

Payroll reminder

Just a reminder to please contact your payroll provider with the pay increase rate and contact WorkNest for updated contact.

Annual survey

Cornerstone SDS service will be putting out an annual survey to all SDS clients on how we can develop our service it would be greatly appreciated if you could complete and send back to us, we would like to hear your feedback.



Our 10th Anniversary!

We are deeply grateful to our esteemed clients, whom we support through SDS, for celebrating our 10-year anniversary with us. A special thanks to all who attended and everyone for their incredible support. The event was a tremendous success, and your presence made it truly unforgettable. Here's to many more years of collaboration and achievement!

The Kiltwalk 2024: Denise 'delighted' to cross the finish line on 'scorching' day!

Self Directed Support Advisor Denise McDougall who works for Cornerstone SDS, was one of 5,200 people walking "The Mighty Stride" on 2nd June to raise money for the charity of their choice. She started at Duthie Park and walked approx. 18 miles to end site at Bellfield Park in Banchory.

She said afterwards "The last few miles were tough in the scorching heat, so I was looking forward to a cold drink at the finishing line.

"I felt a sense of achievement at the end and knowing that the money raised will go towards the people we support, at Cornerstone SDS, was what kept me going.

"The friendly participants, scenic route, supportive and fun Kilties (volunteers), inspirational entertainment, well stocked pit stops, imaginative outfits and beautiful weather all made for a fantastic event!"

Denise's fundraising efforts have raised £410 for Cornerstone SDS. Well done Denise!







Aberdeenshire Council/Health and Social Care Partnership

- Unpaid Carers Update

We would like to take this opportunity to update you on unpaid carer support in Aberdeenshire. Many of you will already be aware, but for those who are not, the Aberdeenshire Carer Support Service is now being provided by VSA.

The Carer Advisors at VSA can help unpaid carers to access information and advice that can support them with their caring roles. Unpaid carers can also receive support to undertake a carers assessment known as an Adult Carers Support Plan for adult carers or a Young Carers Statement for young carers, if they wish. VSA can also provide access to peer support groups, carer training and access to some short breaks for both adult and young carers.

If you would like to register with the Aberdeenshire Carer Support Service VSA and stay in touch with carer support available in Aberdeenshire, you can do this online via VSA's online referral forms. Links to the referral forms are noted below, along with other contact details, if you require support to do an online referral or further information:

VSA Aberdeenshire Carer Support Service 38 Castle Street, Aberdeen, AB11 5YU



Email: carers.shire@vsa.org.uk

Telephone: 01224 727670

Website: https://www.vsa.org.uk/our-services/aberdeenshire-carers

Aberdeenshire Carers Support Service General Referral Form (Adult Carers)

Aberdeenshire Young Carers Service Referral Form (Young Carers)

Aberdeenshire Adult and Young Carer Strategy Reviews

We are also reviewing both our adult and young carer strategies and aim to be consulting with unpaid carers and other stakeholders towards the end of August 2024, so look out for further information once the surveys are launched on **Engage Aberdeenshire.**

